

TRINITY
CATHEDRAL
EPISCOPAL
CHURCH

A Sacred Place for All People

10:00 AM HOLY EUCHARIST

August 2, 2026

Tenth Sunday after Pentecost

THE MISSION OF TRINITY CATHEDRAL IS TO PROCLAIM IN WORD
AND ACTION GOD'S JUSTICE, LOVE AND MERCY FOR ALL CREATION.

Welcome to Trinity Cathedral

We're so glad you're here to worship with us! We know that visiting a new church can feel overwhelming, and wherever you are on your journey of faith, you are welcome here. Everything you need for worship can be found in this bulletin, and you're invited to participate as much or as little as feels comfortable.

Below are quick ways to learn more about our community, and we hope you'll also let us know you joined us today. We'd love to stay connected! More announcements can be found in the back of this bulletin.

Please stick around for coffee hour after worship in the Chapter Room.



Visitor Card

Share your info and connect with us.



Upcoming Events

What's happening this week and beyond.



Trinity Cathedral

Worship, education, music & art, and outreach.



The Episcopal Church

Who we are and what we believe.



TRINITY
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A Sacred Place for All People

VOLUNTARY

Three Preludes

George Gershwin (1898 –1937)

II. Andante con moto

Lynne Ramsey, viola

The congregation stands in body or spirit.

OPENING HYMN 699

Jesus, Lover Of My Soul

1 Je - sus, Lov - er of my soul, let me to thy bos - om
2 O - ther ref - uge have I none, hangs my help - less soul on
3 Plen-teous grace with thee is found, grace to cleanse from ev - ery

fly, while the near - er wa - ters roll, while the tem-pest
thee; leave, ah! leave me not a - lone, still sup - port and
sin; let the heal - ing streams a - bound, make and keep me

still is high: hide me, O my Sa - vior, hide,
com - fort me! All my trust on thee is stayed;
pure with - in. Thou of life the foun - tain art,

till the storm of life be past; safe in - to the
all my help from thee I bring; cov - er my de -
free - ly let me take of thee: spring thou up with -

Son of the Fa-ther, Lord God, Lamb of God, you take a-way the sin of the world, have
mer-cy on us; you are seat-ed at the right hand of the Fa-ther: re-ceive our prayer—
For you a-lone are the Ho-ly One, You a-lone are the Lord,
you a-lone are the Most High, Je-sus Christ, with the Ho-ly Spi-rit, in the glo-ry of God the
Fa-ther. A-men. A-men. A-men. A-men. A-men.

Setting: Kate Alm, from Freedom Mass © 2001 Kate Alm.
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THE COLLECT

Celebrant God be with you.
People **And also with you.**
Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The congregation sits.

THE FIRST LESSON

Isaiah 55:1-5

Thus says the Lord: “Ho, everyone who thirsts, come to the waters; and you that have no money, come, buy and eat! Come, buy wine and milk without money and without price. Why do you spend your money for that which is not bread, and your labor for that which does not satisfy? Listen carefully to me, and eat what is good, and delight yourselves in rich food. Incline your ear, and come to me; listen, so that you may live. I will make with you an everlasting covenant, my steadfast, sure love for David. See, I made him a witness to the peoples, a leader and commander for the peoples. See, you shall call nations that you do not know, and nations that do not know you shall run to you, because of the Lord your God, the Holy One of Israel, for he has glorified you.”

Reader

Hear what the Spirit is saying to God’s people.

People

Thanks be to God.

PSALM 145:8-9, 15-22



CANTOR

The Lord is gracious and full of com·*passion*, *
slow to anger and of great *kindness*.

The Lord is loving to *everyone* *
and his compassion is over all his *works*.

CONGREGATION

The Lord upholds all those who *fall*; *
he lifts up those who are bowed *down*.
The eyes of all wait upon you, O *Lord*, *
and you give them their food in due *season*.

CANTOR

You open wide your *hand* *
and satisfy the needs of every living *creature*.
The Lord is righteous in all his *ways* *
and loving in all his *works*.

CONGREGATION

The Lord is near to those who call u·pon *him*, *
to all who call upon him *faithfully*.
He fulfills the desire of those who *fear him*; *
he hears their cry and *helps them*.

CANTOR

The Lord preserves all those who *love him*, *
but he destroys all the *wicked*.
My mouth shall speak the praise of the *Lord*; *
let all flesh bless his holy Name for ever and *ever*.

THE SECOND LESSON

Romans 9:1-5

I am speaking the truth in Christ-- I am not lying; my conscience confirms it by the Holy Spirit-- I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

<i>Reader</i>	Hear what the Spirit is saying to God's people.
<i>People</i>	Thanks be to God.

The congregation stands in body or spirit.

SEQUENCE HYMN 761

WONDER, LOVE, AND PRAISE

All Who Hunger Gather Gladly



1. All who hun - ger gath - er glad - ly; ho - ly man - na
2. All who hun - ger, nev - er stran - gers, seek - er, be a
3. All who hun - ger, sing to - geth - er, Je - sus Christ is



is our bread. Come from wil - der - ness and wan - d'ring.
wel - come guest. Come from rest - less - ness and roam - ing.
liv - ing bread. Come from lone - li - ness and long - ing.



Here in truth we will be fed. You that yearn for
Here, in joy we keep the feast. We that once were
Here, in peace, we have been fed. Blest are those who



days of full - ness, all a - round us is our food.
lost and scat - tered in com - mun - ion's love have stood.
from this ta - ble live their days in grat - i - tude.



Taste and see the grace e - ter - nal.
Taste and see the grace e - ter - nal.
Taste and see the grace e - ter - nal.



Taste and see that God is good.
Taste and see that God is good.
Taste and see that God is good.

THE GOSPEL

Matthew 14:13-21

Gospeler The Holy Gospel of our Savior Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Gospeler The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The congregation sits after the preacher's opening words.

THE SERMON

The Very Rev. Bernard J. Owens

The congregation stands in body or spirit at the invitation of the celebrant.

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures; he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS OF THE PEOPLE

BCP, Form VI

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work; **For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world; **For all who work for justice, freedom, and peace.**

For the just and proper use of your creation; **For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble; **For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God; **For all who proclaim the Gospel, and all who seek the Truth.**

For Sean, our Presiding Bishop, and Anne, our Bishop; and all bishops and other ministers; **For all who serve God in his Church.**

For the special needs and concerns of this congregation.

Silence

The intercessions of the congregation are offered at this time.

Hear us, Lord; **For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

Silence

Prayers of thanksgiving and celebration are offered.

We will exalt you, O God our King; **And praise your Name for ever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

Prayers for the deceased are offered at this time.

Lord, let your loving-kindness be upon them; **Who put their trust in you.**

Celebrant Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

CONFESSION AND ABSOLUTION

Let us confess our sins to God.

Celebrant and People

God of all mercy,

**we confess that we have sinned against you,
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.**

**Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

Celebrant Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of Christ be always with you.

People **And also with you.**

The congregation shares with one another a sign of peace and then sits.

WELCOME AND ANNOUNCEMENTS

Offertory Sentence

THE HOLY COMMUNION

ANTHEM AT THE OFFERTORY

“If With All Your Heart”, from *Elijah*

Text: Jeremiah 29:13, Job 23:3

Music: Felix Mendelssohn (1809–1847)

“If with all your heart ye truly seek me, ye shall ever surely find me.”
Thus saith our God.

Oh, that I knew where I might find him,
that I might even come before his presence.

“If with all your heart ye truly seek me, ye shall ever surely find me.”
Thus saith our God.

“Ye shall ever surely find me.”
Thus saith our God.

The congregation stands in body or spirit at the invitation of the celebrant.

THE GREAT THANKSGIVING

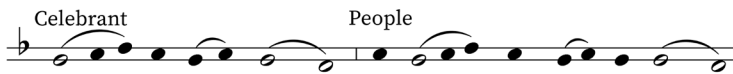
Enriching Our Worship, Prayer 2

Celebrant People



God be___ with you. And al - so with you.

Celebrant People



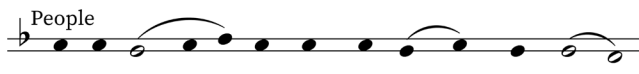
Lift___ up your hearts. We lift___ them to the Lord.

Celebrant



Let us give thanks___ to the Lord our God.

People



It is right___ to give our thanks and praise.

Celebrant We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways.

But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

Ho-ly, ho-ly, ho-ly Lord, God of pow'r and might, heav-en and earth are full of your
glo-ry. Ho - san - na in the high - est. Blessed is the one who
comes in the Name of the Lord. Ho - san - na in the high - est.

Setting: Jack Warren Burnam (b. 1946)
© 1978 Jack Warren Burnam

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. 

A - MEN.

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

BREAKING OF THE BREAD

Lamb of God you take a - way the
sin of the world. Have mer - cy on us. Lamb of
God you take a - way the sin of the world. Have mer -
cy on us. Lamb of God you take a - way the
sin of the world. grant us peace.

Music: Jon Ailabouni

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

As the priest places the host in your hand, they say:

The Body of Christ, the Bread of Heaven. **Amen.**

The Blood of Christ, the cup of salvation. **Amen.**

All are invited to come forward for Communion or a blessing. Bread and wine are both offered, though drinking from the common cup is not required. If you choose to receive wine, please refrain from intinction (dipping bread in the wine) at this time. Gluten-free bread is available for those who need it. After communion the congregation sits.

ANTHEM AT COMMUNION

The Hand Of The Lord Feeds Us

Text: from Ps. 145

Music: Richard Shephard (1949 - 2021)

The hand of the Lord feeds us; he answers all our needs.

Let all your works give you thanks, O Lord,
and let your faithful ones bless you.

Let them discourse of the glory of your kingdom
and speak of your might. *Refrain*

The eyes of all look hopefully to you,
and you give them their food in due season;

You open your hands
and satisfy the desire of every living thing. *Refrain*

The Lord is just in all his ways
and holy in his works.

The Lord is near to all who all upon him,
to all who call upon him in truth. *Refrain*

HYMN AT COMMUNION 51

We The Lord's People



1 We the Lord's peo - ple, heart and voice u - nit - ing, praise him who
2 This is the Lord's house, home of all his peo - ple, school for the
3 This is the Lord's day, day of God's own mak - ing, day of cre -
4 In the Lord's ser - vice bread and wine are of - fered, that Christ may



called us out of sin and dark-ness in - to his own light,
faith - ful, ref - uge for the sin - ner, rest for the pil - grim,
a - tion, day of re - sur - rec - tion, day of the Spi - rit,
take them, bless them, break, and give them to all his peo - ple,



that he might a - noint us a roy - al priest-hood.
ha - ven for the wea - ry; all find a wel - come.
sign of hea - ven's ban - quet, day for re - joic - ing.
his own life im - part - ing, food ev - er - last - ing.

THE SENDING OF EUCHARISTIC VISITORS *(When needed)*

Celebrant In the name of this congregation, I send you forth bearing these Holy gifts to N., that those to whom you go may share with us in the body and blood of Christ.

People **We who are many are one body, because we all share one bread, one cup. Amen.**

THE POSTCOMMUNION PRAYER

Celebrant Let us pray.

The congregation stands in body or spirit.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Christ, and heirs of your eternal kingdom. And now, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Savior. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

THE BLESSING

CLOSING HYMN 375

Give Praise And Glory Unto God

Unison or harmony

The musical score is written for unison or harmony in G major (one sharp) and 4/4 time. It consists of four systems of music, each with a vocal line (treble clef) and a bass line (bass clef). The lyrics are printed below the vocal line. The first system contains three lines of lyrics. The second system contains two lines. The third system contains two lines. The fourth system contains three lines. The music is simple and hymn-like, with a focus on the lyrics.

1 Give praise and glo - ry un - to God, the Fa - ther of all bless - ing;
2 The host of hea - ven prais - eth thee, O Lord of all do - min - ions;
3 What God hath wrought to show his power he ev - er - more sus - tain - eth;

his might - y won - ders tell a - broad, his gra - cious - ness con -
and mor - tals then, on land and sea, be - neath thy sha - dowing
he watch - es o'er us ev - ery hour, his mer - cy nev - er

fess - ing. With balm my in - most heart he fills, his
pin - ions, ex - ult in thy cre - a - tive might that
wan - eth. Through all his king - dom's wide do - main, his

com - fort all my an - guish stills. To God be praise and glo - ry.
do - eth all things well and right. To God be praise and glo - ry.
right - eous - ness and jus - tice reign. To God be praise and glo - ry.

Words: Johann Jacob Schütz (1640-1690); tr. Arthur William Farlander (1898-1952) and Charles Winfred Douglas (1867-1944), alt. Copyright © The Church Pension Fund. Music: *Du Lebensbrot Herr Jesu Christ*, Peter Sohren (1630?-1692?); adapt. Johann Anastasius Freylinghausen (1670-1739), alt.

THE DISMISSAL

Celebrant
People

Let us go forth into the world, rejoicing in the power of the Spirit.
Thanks be to God.

VOLUNTARY

Recessional

Franklin Ashdown (1942–2023)



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PRAYER LIST – August 2, 2026

For God’s healing grace upon all who ask for our prayers, especially:

Barbara Morton
Kent Cicerchi
Lynne Ramsey
Sue Strew
Brian Wilbert
Mickey Pressler
Laura Blunk

Phyllis Mitchell
Bob Fowler
Lisa Crichlow
Ron Ross
John Gordon
Larry Ross
Jeff Irvine

Victoria Ashley
Scott and Mary Ryder
Nancyanne Sinclair
George and Sandy Luther
The Abookire Family
Tanya Weiker Snowden
May Targett

Rudy Koza, friend of Ute Vilfroy
Carol Sue Wooten, friend of Trinity
Darryl Eatmon, for prayers requested
Noah Breindel, for prayers requested
Dick Nowak, brother of Kathy Raymand
Karin Holt, friend of Janet Morrison
Britt Townsend, friend of Catherine and Michael Wells
Andy and Kris Tabor, parents of Hajnal Eppley
The Eppley Family, for prayer requested
Linda Adkins, friend of David and Gayle Cratty
Jonny Chase, friend of Debbie Likins-Fowler
Donna, friend of Nancyanne Sinclair
Mary Ann Bugno, mother of Karen Hall
Bruce S., friends of Steve and Patty Roberts
Paula Kascel, friend of Cynthia Ries
Kyle, Doug, Doris, Calvin, and Don, for prayers requested
Shari Henz, cousin of Anne Kmieck
Kevin, friend of Patty and Steve Roberts
Wendy Hall, sister of Ian Hall
Victoria Mathis, niece of Danny McGuire
Paul Senger, brother of Dan Senger
Susan Dolan-Laughlin, sister of Neil Green and Sister-in-law of Joyce Green
Barbara Barbe, friend of Neil and Joyce Green
Jo Anne Fowler, mother of Bob Fowler
Harold Snow, brother of Howard Lewis

We ask for God’s nearness to those who grieve for loved ones and those who have recently died, especially:

Tom Cooper, friend of Bob Fowler and Debbie Likins-Fowler
May light perpetual shine upon him.

We ask for the safety of all U.S. military personnel, especially:

- | | | |
|---------------|------------------|--------------|
| Jamie Hopkins | Sullivan Twining | Greg Allen |
| Kevin Meyers | Michael Bryant | Chris Munz |
| James Piepsny | Greyson Elliott | Aaron Spiess |
| Charles Lewis | | |

We pray for the flourishing of our companions in the Diocese of Belize and the Diocese of Tanga, Tanzania; and for churches in the Anglican Communion, especially the church on the diocese of Saint Asaph, Wales.

In the Diocese of Ohio, we entrust to God’s care the College for Congregational Development.

We ask God to bless our Children and Youth Ministries, that each person’s journey might be filled with wonder, curiosity, belonging, and peace.

We offer blessings upon those celebrating birthdays this week:

- | | | |
|---------------|----------------|-----------|
| Dawn Detgen | Simon Hurley | Mene Kude |
| Hugh Williams | Delores Wilson | |

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**Prayers of petition & intercessions for friends and family remain on our Prayer List for 8 weeks and then moved to the Prayer Tree.** Long-term prayer requests (beyond 8 weeks) can be submitted for the Prayer Tree directly.

For all prayer requests, thanksgivings, and congregational birthday blessings, contact Doreen Hughes, 216.774.0415, [dhughes@trinitycleveland.org](mailto:dhughes@trinitycleveland.org).

**Please submit requests by noon on Thursday for inclusion in print on Sunday.**

# ANNOUNCEMENTS

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## **Explore Trinity Cathedral: A Guided Tour | 11:30 AM**

Discover one of downtown Cleveland's architectural treasures through a guided tour of Trinity Cathedral. Explore the cathedral's beautiful stained-glass windows, historic architecture, sacred art, and rich history while learning about its role in the life and growth of Cleveland. Whether you're a first-time visitor or a longtime admirer, this tour offers a deeper look at the beauty, heritage, and ministry of this landmark sacred space.

## **Volunteers Needed for A Place at the Table**

A Place at the Table, Trinity Cathedral's feeding ministry, is seeking a few additional volunteers as we temporarily relocate to the storefront space along Euclid Avenue. The new location creates opportunities for a few extra helping hands. We're looking for 1-2 additional volunteers each week to assist with hospitality, serving meals, and offering beverages to guests. Even one extra person on a regular basis can make a significant difference. If you are interested in learning more or joining the volunteer team, please contact Eric Travis.

## **Marion-Sterling Back-to-School Supply Drive**

We are collecting donations for our annual back-to-school supply drive for Marion-Sterling School and will continue collecting supplies through Sunday, August 16. If you're shopping during Ohio's Sales Tax Holiday (August 7-9), consider picking up a few extra school supplies to donate. Volunteers are also needed each Sunday during the drive to welcome donors and receive donations. Help is needed from 8-10 a.m. and 10 a.m.-12 p.m., or for whatever time fits your schedule. On Sunday, August 16, volunteers will also help sort and pack supplies for delivery to Marion-Sterling on Wednesday, August 19. Thank you for helping equip local students for a successful school year. Every donation makes a difference!

# EVENTS

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## TODAY | AUGUST 2

### **Apocrypha: Part 3 | 9:00 AM**

Explore the Apocrypha in this multi-part series examining the ancient books that are included in some Bibles but not others. Discover their history, their place in the Anglican tradition, and what sets them apart from other ancient Jewish and Christian writings. All are welcome for learning and conversation. Please note: during the summer, formation hour begins at 9:00 a.m. Jeff Spiess will facilitate.

## THIS WEEK

### **Knit Together Prayer Shawls | Thursday, August 6 | 11:00 AM**

The Knit Together group meets monthly to create prayer shawls that offer comfort, care, and prayerful support during times of need and celebration. The group meets on the first Thursday of each month, followed by an optional Healing Eucharist. Contact Liz York to learn more.

### **Healing Eucharist | Thursday, August 6 | Noon**

A quiet, profound service that offers a mid-week respite. All are invited to Holy Communion and, if desired, a laying-on of hands and anointing for healing of themselves or others. The Rev. Megan Allen-Miller is officiating.

## NEXT SUNDAY | AUGUST 9

### **Apocrypha: Part 4 | 9:00 AM**

Explore the Apocrypha in this multi-part series examining the ancient books that are included in some Bibles but not others. Discover their history, their place in the Anglican tradition, and what sets them apart from other ancient Jewish and Christian writings. All are welcome for learning and conversation. Please note: during the summer, formation hour begins at 9:00 a.m. Michael Wells will facilitate.

### **A Service with Children at the Center | 10:00 AM**

On August 9, at our 10:00 a.m. worship service, we will celebrate the gift of children in our faith community. This service will include child-friendly music and a homily, an instructed Eucharist, and opportunities for children to participate in the liturgy in ways that invite them into the heart of our worship life. While this service will be offered with children in mind, it is, of course, a church service for everyone! We hope that you will join us for this intergenerational celebration of our faith.

# EVENTS

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## **Hot Slow Flow Yoga | Sunday, August 9 | 3:00 PM**

Join us for our final Hot Slow Flow Yoga of the summer. Held in the cathedral's Nave—which naturally warms up in the summer—this space is perfect for a hot yoga experience. Led by Katy Richards, this gentle class welcomes all levels for mindful movement, longer-held poses, and stress relief. Free and open to the public—bring a mat and water bottle.

## **BEYOND**

## **CPR & First Aid Certification Classes at Trinity | August 12 & 26, 2026**

Learn lifesaving skills and earn your certification through Nations Best CPR at Trinity Cathedral. Choose from two American Red Cross certification courses: Adult & Pediatric First Aid/CPR/AED or Adult First Aid/CPR/AED. Upcoming classes at Trinity Cathedral include: Wednesday, August 12 | 10:30 a.m. & Wednesday, August 26 | 1:30 p.m. Register online by selecting "Ohio – Cleveland – Trinity Cathedral Episcopal Church (Cleveland)" from the schedule. During registration, enter promo code **TRINITYCECREF26** to receive a \$5.00 discount.

## **Sundae Sunday | September 13, 2026**

Join us after each of our three services on Sunday, September 13, for Sundae Sunday! Stay for fellowship and build your own ice cream sundae with a delicious assortment of toppings, including chocolate syrup, fresh strawberries, shortcakes, and whipped cream. We'll have both regular and lactose-free ice cream, so everyone can enjoy a sweet treat together. Come celebrate the start of the program year, reconnect with friends, and welcome new faces. We hope you'll stay for a scoop (or two)!

## **Take Action with GCC**

Greater Cleveland Congregations (GCC) invites you to engage in learning and action for justice. GCC University provides training in the core principles of community organizing, including building relationships, organizing power, and engaging others in justice work. Upcoming sessions are October 24–25. GCC is also participating in the Not With Our Money Campaign, urging the last major Wall Street bank financing ICE detention center operators to end its support. Learn more and find ways to get involved by scanning the QR code.



# EVENTS

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## SAVE THE DATE

**SEP 2 | Brownbag Concert: The Bromeliad Ensemble**

**SEP 7 | Labor Day - Building Closed**

**SEP 8 | Rachel Kessler Author Talk**

**SEP 16 | Brownbag Concert: Violinist Joyce Yu**

For a complete listing of events, please visit [trinitycleveland.org/calendar](http://trinitycleveland.org/calendar)

### ABOUT



Learn more about Trinity Cathedral.

### CALENDAR



View the full calendar of events at Trinity.

### SUBSCRIBE



Join our mailing list to stay informed.

### VISITORS



Fill out a visitor card to get in touch with us.

# SUMMER SERVICES AT TRINITY CATHEDRAL

## SUNDAYS

**8:00 a.m.** Early Eucharist (Chapel)

**10:00 a.m.** Holy Eucharist \*

## THURSDAYS

**12:10 p.m.** Healing Service

\* Livestreamed

### Clergy

The Rt. Rev. Anne B. Jolly, Bishop .....annebjolly@dohio.org

The Very Rev. Bernard J. Owens, Dean .....bernard.owens@trinitycleveland.org

The Rev. Canon Adrienne Koch, Canon .....akoch@trinitycleveland.org

The Rev. Megan Allen-Miller, Priest Associate .....mallen-miller@trinitycleveland.org

### Pastoral & Program Staff

Lisa Galek, Communications Manager .....lgalek@trinitycleveland.org

Craig Gahnz-Kuhar, Music Associate .....cgahnz-kuhar@trinitycleveland.org

Shiloh Roby, Director of Music .....sroby@trinitycleveland.org

Eric Travis, Associate for Congregational Ministry .....etravis@trinitycleveland.org

**Trinity Cathedral Welcomes Everyone:** people of all faiths, races, nationalities and walks of life: urban and suburban, rich and poor, gay and straight, families and singles, young, old and in-between. We hope you will feel welcome here. Please complete a visitor card located on the Cathedral columns and give it to an usher, or leave it in the offering plate. Don't leave without a Welcome Packet, and check us out on social media.

**Soft Space in the Transept** of the Cathedral is available for parents, infants and young children on Sunday mornings. Soft Space has a large mat, toys and more for quiet play—allowing parents to remain in the worship service.

**The Flowers on the Altar** are offered to the glory of God in loving memory of Maude Folger, Elizabeth Lucy Mather.

**FYI:** We encourage and remind you to secure and protect your personal valuables when visiting Trinity Commons.

If you are visiting Trinity today and would like to help support our mission and ministry, donation envelopes are available at the Welcome Table. You may also donate to Trinity online at [www.trinitycleveland.org/support](http://www.trinitycleveland.org/support).

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**Trinity Cathedral**

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**[www.trinitycleveland.org](http://www.trinitycleveland.org)**

**Facebook: [facebook.com/trinitycleve](https://facebook.com/trinitycleve)**

**YouTube: [youtube.com/trinitycleveland](https://youtube.com/trinitycleveland)**

**Prayer Requests:** Doreen Hughes

216-774-0415, [dhughes@trinitycleveland.org](mailto:dhughes@trinitycleveland.org)

**Please note:** Prayer requests submitted Thursday by noon will be included in Sunday's Bulletin. Those submitted after will be included the following Sunday.

**Space Use Requests:**

[www.trinitycleveland.org/connect/space-use/](http://www.trinitycleveland.org/connect/space-use/)