This Week @ Trinity

July 2, 2020

The Dean's Corner:
Feeding the Hungry

This past week, Trinity was awarded a Rapid Response Grant from the Cleveland Foundation for our ministries that support folks particularly impacted by the COVID-19 economic downturn. Two of our ongoing ministries - our Sunday A Place at the Table lunch ministry and Wall of Love - have met a rising need these past few months amid challenging circumstances, and this grant of $30,000 goes a long way to support them. This allows us to purchase supplies for the Wall of Love (and offer support to the wider Walls of Love ministry with which Trinity partners) as well as boxed lunches and personal protective gear that allows us not only to nourish our Sunday guests, but to keep them safe as well.

Read the dean’s entire message here

July 2 Video Reflections from Dean Owens

View Dean Owens's latest video reflections for Thursday, July 2. You can find more video reflections from the dean and others at youtube.com/trinitycleveland.
This Sunday, July 2
Fifth Sunday After Pentecost
Click here for this week's scripture

10:00 a.m. Morning Prayer, Outdoors
2:00 p.m. A Recording of the Morning Prayer Service
trinitycleveland.org and youtube.com/trinitycleveland.

The Rev. Adrienne Koch preaching

Please note that we have requested reservations for the 10:00 a.m. service, to assist with seating and contact tracing. If you haven't made a reservation, you can still do so at EventBrite.

Here are some other things to know:
- The service will be held in the greenspace behind CSU's Center for Innovation in Medical Professions (CIMP), at E. 22nd & Prospect
- Park in the Trinity lot and walk ½ block; drop-off area and limited handicapped parking available, behind the CIMP building, off Prospect.
- Bring lawn chairs & blankets to sit on. Also bring drinking water, sunscreen and a sun hat, if desired
- Masks are required; we'll have hand sanitizer and extra masks
- Restrooms available at the Cathedral
- Don’t attend if you don’t feel well
- We will share a video recording of the service at 2:00 p.m., on Trinity's homepage and YouTube channel
- In case of inclement weather, please check our website and our social media for updates
- If you have questions, please contact Ginger Bitikofer at gbitikofer@trinitycleveland.org
Trinity Awarded Grant for COVID-19 Relief Activity

The Greater Cleveland COVID-19 Rapid Response Fund coalition announced on Friday, June 25 its latest round of biweekly grants. Grants totaled $1.1 million, and were given to 26 organizations serving the Cuyahoga, Lake, and Geauga counties.

Trinity received $30,000 to allow us to transition our A Place at the Table hunger program to a pickup meal service so that it can continue to serve Cleveland's homeless and low-income populations safely during the pandemic, while also continuing the cathedral's ongoing partnership with Walls of Love® in filling the walls with essential items for those in need.

We're thrilled to receive this grant. It will enable us to continue to maintain these ministries as the coronavirus pandemic continues.

Spiritual Formation

The adult formation committee offers spiritual formation content for home use
Poem: By Thomas Merton

Uncrowd my heart, oh God
Until Silence speaks
   in your still small voice;
turn me from the hearing of words,
and the making of words,
and the confusion of much speaking,
to listening
   waiting
   stillness
   silence.

Spiritual Practice: Centering Prayer

Did you know that Trinity hosts an active Centering Prayer group? They meet by phone every Tuesday and Friday at 8:00 a.m. and welcome newcomers.

Cathie Wherley coordinates this ministry, and says that Centering Prayer is about surrendering to God's presence and action. “It’s like calling in the Bright Maids to clean your house.”

This method of prayer is both a relationship with God and a discipline to foster that relationship.

For more information, contact Cathie Wherley at cwherley@roadrunner.com

Join The Dean's Bible Study Every Wednesday at 4:30 p.m.

Take part in the discussion as Dean Owens leads Bible study each Wednesday at 4:30 p.m., using the Lectio Divina method. If you're interested, contact Doreen Hughes at dhughes@trinitycleveland.org for the Zoom login information.

Zoom Bible Study Series on Philippians

The Bible study series on the Epistle to the Philippians will conclude this Sunday, July 5 at 11:30 a.m. You can join in even if you missed the first three parts. Contact Janet Lechleitner at janetlech@gmail.com for the access link and/or more information.
Zoom Bible Study Series on James
Beginning Sunday July 19, the Sunday Bible study group will focus on the Epistle of James. This is a continuation of the same Kerygma study (meaning proclamation or preaching) used for the Galatians study last year. Dates will be July 19, August 2, 16 and 30.

James was writing in the first century AD to the early church and emphasizes the importance of putting the Word into action. James believes a faith without action is not enough for Christians who have been graced with salvation, and he puts forth many themes we will consider. Priscilla Kingston and Brian Smith will lead the group. Please join us for a fruitful discussion. To register, visit bit.ly/BibleStudyJames.

Trinity Awarded Green Building Challenge Honor
The Cleveland 2030 District is a public-private-nonprofit collaborative working to create a groundbreaking high performance building district in downtown Cleveland. Trinity Cathedral and Commons were awarded the 2019 Green Building Challenge honor by the 2030 District for reducing baseline energy consumption by 35.06% and carbon dioxide emissions per commuter by 49.4%.

The goal of the program is dramatically reducing the environmental impacts of building construction and operations while increasing Cleveland's competitiveness in the business environment. Corinne Wallner, Trinity's facilities and events manager, was quoted in the group's 2019 progress report: “Cleveland 2030 District is instrumental in bringing together property management, real estate, engineering, architectural and community professionals to engage, collaborate and learn from top experts in their fields.”
A special 'thank you' goes to Corinne, Trinity's Green Team, the congregation and staff for continuing to lift up the importance of environmental stewardship and taking actions to make a difference.

You can check out the progress report in its entirety at bit.ly/TrinityGreenBuilding.

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**Episcopal Peace Fellowship Tackles Human Trafficking**

**Question:** Is human trafficking subsiding during the COVID-19 crisis in Ohio and the nation?

- No, says Harold D'Souza of Cincinnati. “For the traffickers, they've become more aggressive…. I've seen it with my own eyes.” Mr. D'Souza is a member of the United States Advisory Council on Human Trafficking. He says people are being asked to work longer hours at low wages at “essential” workplaces during this period. Many of the workers do not have proper documentation.
- It's tougher and more complicated to get help for those that have been trafficked, even if they had previously received assistance.
- Laurie Whitskey, of Rahab’s Daughters in Chicago (specializing in rescue, rehabilitation & reintegration of survivors of trafficking), says it’s gotten more dangerous since tricks are down and traffickers are simply abandoning their victims. Those still being trafficked are at risk for being infected with the COVID-19 virus.
- In our area, Renee Jones Empowerment Center in Cleveland and Rahab Ministries in Akron, are examples of excellent resources for human trafficking assistance and education.

Trinity Cathedral’s Episcopal Peace Fellowship group is planning a special Virtual Healing Service for the victims of human trafficking on Thursday, July 30, which is the *United Nations World Day Against Trafficking in Persons*. Please mark your calendar to participate virtually in this special healing service. Details are being finalized, so stay tuned. Contact Bruce Freeman freeman.bruc@gmail.com or Debbie Hunter@ hunterd16@att.net for more information about this event.
Virtual Coffee Hour

Are you missing the faces of your Trinity friends? Join other Trinity members for Virtual Coffee Hour (via Zoom) this Sunday morning, July 5 from 9:00 a.m. – 9:45 a.m. Drop in anytime. Bring your coffee or tea and visit with old and new friends prior to the 10:00 a.m. worship service. We will use the same Zoom link as last week's meeting. Get in touch with Ginger Bitikofer if you need the link or for any questions at gbitikofer@trinitycleveland.org, (216) 774-0407.

The Spirituality of the Enneagram

This summer-long course takes place via Zoom every other Sunday through September 6 at 11:15 a.m. Registration is required for the remaining sessions including Sunday, July 12 at bit.ly/EnneagramClass. You can also join in by phone at (929) 205-6099. If you have questions or need more information, contact Adrienne at akoch@trinitycleveland.org.

You can watch past sessions in this series by visiting Trinity's YouTube channel.

Summer Sunday School
Trinity children in pre-K through fifth grade will meet monthly over the summer for a lesson and games via Zoom. Dates are July 19 and August 9 at 11:00 a.m. Contact the Rev. Jo Owens at jdnowens@gmail.com for the Zoom link.

Music & Art at Trinity

**Todd's Picks – Archived Choral Evensong Services**

**May 8, 2019**

Each week, we'll be highlighting a different choral evensong service and/or concert from years past. Music Director Todd Wilson will provide commentary on all of his *Todd's Picks* selections.

Listen to the service here

This week’s featured Choral Evensong was sung by the Trinity Cathedral Choir on May 8, 2019. On that day, we commemorated Dame Julian of Norwich (1343-c.1416), a leading Christian mystic and theologian. The Rev. Dr. Paul Gaston, former Acting Dean of Trinity Cathedral, returned to Trinity as homilist.

The Magnificat and Nunc Dimittis were sung to the lively setting “incorporating Latin American rhythms” by Bryan Kelley (b. 1934). The anthem is the thrilling and sonorous Kyrie from the Messe Solennelle by Louis Vierne (1870-1937). Vierne was organist of Notre Dame de Paris from 1900 until his death (while giving an organ concert at Notre Dame) in 1937. He composed his Messe Solennelle (Solemn Mass) in 1899 just prior to his appointment at Notre Dame, and its songful and solid structure have made it a favorite ever since.

**Todd Wilson**

**Director of Music**

Save the Date – Fri., July
Make sure to save the date and time (7:00 p.m.) for Trinity's next *Bach for Humanity* concert featuring the Cleveland Orchestra's principal cellist Mark Kosower. He will play J.S. Bach's *Cello Suites* numbers 2, 4 and 6. The concert is free and is a benefit for Music & Art at Trinity Cathedral and Arts Cleveland's COVID-19 relief efforts on behalf of local artists.

You can view the first concert held June 5 on Trinity's YouTube channel. It was well-reviewed by the local media, so you won't want to miss the next one on July 31.

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**In the Diocese**

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**Two Young Adult Gatherings at Bellwether Farm**

The first event, taking place on July 12 from 5:00 p.m.– 8:00 p.m. is intended for college-aged individuals. Be prepared for a hike, interacting with the farm animals and a bonfire. The second event is on July 28 and is for those 18-30(ish). The time is to be determined. This will be a workday in conjunction with the Bellwether Book Club. Due to our social distancing protocols, you need to register for these events at dohio.org/youngadults. If you have questions, contact the Rev. Anna Sutterisch at asutterisch@dohio.org.

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**Second Sunday Student Compline for Diocese Youth**

For youth in grades six and up, Sunday night student compline will meet
monthly over the summer. It has been newly dubbed "Second Sunday Student Compline" and it welcomes youth from around the Diocese of Ohio. Our next gathering will be July 12 at 8:00 p.m. on Zoom. Follow our Instagram for more details.

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**Bellwether Farm Family Days**

Bellwether Farm Family Days are three hour, socially distanced experiences for your family or household, however you define it. You'll spend the morning collecting eggs, petting goats and helping us harvest farm fresh veggies! Visit [www.bellwetherfarm.com/our-programs/family-days](http://www.bellwetherfarm.com/our-programs/family-days) to reserve your spot today! Spots are available Wednesdays and Fridays in July.

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**In the Episcopal Church**

"Virtual" Race Held to Benefit United Thank Offering

The Episcopal Church is sponsoring an event called the (inaugural) *Great EpisGOPal Race*. You can compete by running, skating, biking and virtually anything else. Distance is also up to the racer and all proceeds go to United Thank Offering, the blue box people.

Trinity has a team participating. You can sign up here. Dan Senger is the team captain. Contact him for questions and more information at dansngr@gmail.com. You can also learn more at the Episcopal Church website.

If you would like to make a donation to the Trinity team, you can do so here.
Greater Cleveland Congregations Launches COVID-19 Testing Across Cleveland, Cuyahoga County

Greater Cleveland Congregations, which includes Trinity Cathedral, has launched a community-based campaign to test thousands of people across Cleveland and Cuyahoga County to contain the spread of COVID-19. This effort will have a specific emphasis on African American populations and other at-risk groups.

You can learn more in an article published on ideastream.org.

Submit Your News for Publication

The deadline to submit program updates or events for This Week @ Trinity, is the Tuesday before each Thursday publication date. Please send news to sblanchard@trinitycleveland.org

Deadline for items to be included in the August Cathedral Connections newsletter is Fri., July 24. You can read the current issue of Cathedral Connections online, please contact Scott Blanchard at sblanchard@trinitycleveland.org to receive a printed copy at home.

The mission of Trinity Cathedral is to proclaim in word and action God's justice, love and mercy for all creation.

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