The Dean's Corner:  
The Fear of Boredom

“We pointed to the moon…we went up there and you know what we got? Bored.”

You have to hand it to the American cocktail of workaholism and consumption: even when you make fun of it, it’s attractive. When I watched this Cadillac commercial during the Olympics a few years ago I wanted to hate it…but then again, I also found myself wanting to drive the car.

The joke was this: we are so driven that even a trip to the moon got stale, and so we get bored. The advertisers were appealing to our vanity of course, but I also wonder if there wasn’t an appeal to something deeper: our fear of being bored, and the things we’ll do to fill that space.

Read the dean’s entire message here

This Sunday, March 1

The First Sunday in Lent

Click here for this week’s scripture

The Very Rev. Bernard J. Owens will preach at all morning services

8 a.m. Early Eucharist
9 a.m. Mostly Jazz Mass
Children's Chapel - Children in grades pre-K through 5 are invited to arrive a few minutes early to join the opening procession at the 9 a.m. worship service. We will then gather in the chapel following the opening prayer.

11:15 a.m. Choral Eucharist
Trinity's nursery is open through all morning services and 10:10 a.m. educational offerings.

5:00 a.m. Solemn Sung Eucharist (see details below)

10:10 a.m. - Sunday School & Youth Group

- Godly Play curriculum for Cathedral Kids in grades pre K - through 3
- Weaving God's Promises curriculum for Cathedral Kids in grades 4-5
  - Youth Group for grades 6-12

All classes take place in the Youth and Family Center on the third floor except for the Pre-K/Kindergarten class, which meets on the first floor by the nursery.

10:10 a.m. - Catechesis Begins with Christian Journeying

Led by Dean Owens and Cynthia Ries, we'll begin our journey through the Christian faith with a guided labyrinth walk. We'll meet in the west transept. The content of this session is interactive, so begin your catechetical journey this Sunday. For more information on catechesis, see below.
10:10 a.m. - Tai Chi

Join Trinity member George Anderson for an hour of tai chi on the cathedral hall stage. No experience is necessary.

1:00 p.m. - Episcopal Peace Fellowship

EPF will meet in conference room A/B to discuss updates on the peace and justice initiatives the ministry is working on. This meeting is open to all those interested in promoting peace in our community and around the world.

5:00 p.m. - Solemn Sung Eucharist

This month's Solemn Sung Eucharist welcomes the Rev. John Drymon, rector of Trinity Episcopal Church, Findlay as celebrant. The Rev. George Baum, rector of St. Timothy's Episcopal Church in Massillon will preach. Music will include Missa Brevis in D
Music Director Todd Wilson featured on WKYC-TV

Our music director extraordinaire Todd Wilson was featured on Channel 3's Live at Lakeside program. He and Jake Sinatra, manager of special projects and communications for Cuyahoga Arts & Culture, were promoting Music & Art at Trinity's BrownBag Concert series. They were interviewed by Channel 3 personality Alexa Lee. You can view the interview here: https://www.facebook.com/WKYC.Channel3/posts/10158470159664274

Trinity's Ash Wednesday Covered By Local Media

Trinity's Ash Wednesday and Ashes to Go services caught the eye of Plain Dealer photographer Lisa DeJong, as the Rev. Adrienne Koch was featured on the front page of the Metro edition, Thurs., Feb. 27. Video footage was also captured by Fox 8 News. They featured Ashes to Go with great footage of Rev. Koch and Dean Owens imposing ashes on those who stopped by including CSU students and motorists.

Treblefest Takes Over Trinity Tomorrow

Trinity will host TrebleFest on Sat., Feb. 29. TrebleFest is a day-long workshop for young singers from parishes of the Diocese. The day culminates with
evensong sung by the choristers at 3:00, with Bishop Hollingsworth as Officiant. The service is, of course, open to the public. Come and support these talented young singers. Our own Todd Wilson is directing Treblefest this year.

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**Congregation Gets Jazzy At Mardi Gras Celebration**

On Shrove Tuesday, parishioners joined in the Mardi Gras spirit for one last party before Lent began. There was dancing, a photo booth, crafts and the ever-popular game of Mardi Gras hide and seek.

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**Adult Catechesis Starts This Sunday, March 1**

During the season of Lent and beyond, Trinity will be conducting a series of
adult classes known as catechesis. These classes are for those seeking membership, baptism or confirmation, but they are really for everyone. We encourage each of you to attend, not just those seeking baptism, confirmation or membership.

Make sure to pick up a catechesis booklet from the table in the Piazza. It has details of all the classes being held through May.

Catechesis is an opportunity for all Christians to deepen their faith, informing their outlook on life, values and identity. If you have questions, please contact the Rev. Adrienne Koch at akoch@trinitycleveland.org.

Tues., March 4 - 6:30 p.m.-8:30 p.m.
Sacred Space Meeting

“Just to be is a blessing. Just to live is holy.” These words by Abraham Joshua Heschel will be at the heart of the March Sacred Space meeting. We will share how being, blessing, living, and holiness are manifested in our lives. All are invited to come, listen, share and reflect. Please contact Charlotte Nichols at cdn216@gmail.com if you have any questions.

Help Us Assist St. Luke's Hunger Programs

The mobile food pantry at St. Luke's Episcopal Church in Cleveland serves an average of 170 hungry families each week. They are seeking volunteers to help with bagging and distribution of fruit and vegetables from the Food Bank, which come in bulk. Distribution takes place on the 2nd and 4th Mondays of the month from 5:00 p.m. to 7:00 p.m., at 7810 Lake Ave., across the street from St. Luke's. They are actively seeking volunteers for two shifts, one from 2:30 p.m. to 5:00 p.m., which pre-bags the items, and the other from 4:30 p.m. to 7:00 p.m. to hand out produce.

Can you help St. Luke's by volunteering for a 2-1/2 hour shift? St. Luke's is a small parish, and relies on help from several Episcopal parishes in the area.
The next work date is Monday, March 9. Please contact Debbie Likins-Fowler at dlikinsfowler@gmail.com or (440) 669-6684 to volunteer or for more details.

Year of the Organ Update
Challenge Appeal Passes Mid Field

As of this week, $15,630 has been given or pledged toward the “Year of the Organ” Challenge Grant Appeal goal or $30,000. We have crossed the 50 yard line leaving $14,370 to be received or pledged before April 1, 2020 in order to claim the $15,000 match and fund 100% or this $900,000 project. If you have not yet made a gift or pledge the time is now! Please help Trinity cross the goal line with a gift payable to Trinity Cathedral with “Organ Project” in the memo line or by sending an e-mail to Dean Owens or Todd Wilson indicating an amount you would like to pledge. Pledges may be honored over up to three years. Add your name to the list of those participating in this important enhancement to the music ministry at Trinity. More information is available at the literature table in the Promenade.

Nominations for Cathedral Offices Now Open

Nominations have begun for this year's cathedral elections, held at the annual meeting. This year there are 3 slots for vestry members. There are 4 slots for new council members. The congregation will also elect 2 representatives for the 2021 nominating committee.

If you feel you might be called to lay leadership, or if you know someone you might like to nominate for a position, now is the time to think seriously about nominations. Members may nominate themselves or someone they know. For vestry nominations, persons must be received or confirmed in the Episcopal Church, have a broad knowledge and demonstrated interest in the mission of the cathedral, an understanding of non-profit governance, and a commitment to fiduciary responsibility and stewardship. The committee is especially interested in candidates with finance backgrounds, and those with stewardship and development experience.
The congregation will also elect 2 representatives for the 2021 nominating committee. Cathedral council nominees must have a broad knowledge and demonstrated interest in congregational mission and ministry, as well as a commitment to responsible stewardship.

Nominations will remain open until Fri., March 13. Nomination forms are available [online](#) and at the reception desk. If you have questions, please contact Dale Murphy at dale.murphy@sbcglobal.net.

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**Friar Friday**

**Fish Fries**

In 2019, Trinity members began a new Lenten tradition to find the best fish fry in greater Cleveland. They visited many local churches for dinner, made friends and kept track of the best fish in the city.

This year is a quest for the church that will win the coveted Golden Net trophy as best fish fry in town. The next Friar Friday is Fri., Mar. 6. The remaining dates in Lent include (all on Fridays) Mar. 13, Mar. 20, Mar. 27 and Apr. 3.

If you're interested in attending one or more of these events, contact Bill DiTirro at bdt8320@sbcglobal.net to get on the mailing list. Each Sunday, you will receive an invitation to the next Friday's fish fry. The time and location for the following week's fish fry will be determined after dinner each Friday and emailed on Sunday.

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**Have You Experienced Lent Madness?**
What is Lent Madness? It’s a fun engaging way for everyone to learn about the men and women who are included in the church’s calendar of saints. The madness began Thurs., Feb. 28 but you can still join in the fun throughout Lent. 32 saints are placed into a tournament single elimination bracket, like NCAA March Madness. You learn more as the tournament progresses all the way to the semifinal and final contenders and ultimately one saint earns the coveted golden halo.

All congregation members are invited to participate. It's easy to join and it's free. Find out more at www.lentmadness.org or on Facebook or Twitter. Lent Madness is sponsored by Forward Movement, the religious education resource that publishes Forward Day by Day. The Lent Madness bracket board in the promenade will be updated each week. For more info, talk with Lent Madness enthusiasts Sally Lambert, (216) 371-2168, salambert25@gmail.com or Debbie Hunter.

Urban Farm Potluck Set for Mar. 12

Newcomers and experienced volunteers alike will gather for the annual Trinity Cathedral Urban Farm potluck supper. It will be held Thurs., Mar. 12 at 6:30 p.m. in conference room C/D. This event will be the kick-off to the spring growing season.

This year is the farm's 15th anniversary season, and we will plan some of the events in recognition of this milestone. The farm has grown and donated over 17 tons of produce to hunger programs since 2006.

Bring a dish to share as you're able, but please join us even if you can't - there's always plenty of food. If you're interested in volunteering at the farm and/or attending the potluck supper, please RSVP to Scott Blanchard at sblanchard@trinitycleveland.org.
Lenten Morning Prayer Starts Wed., Mar. 4

Join lay leader and officiant Dale Murphy for morning prayer services throughout Lent. The first services are on Wed., Mar. 4 at 7:30 a.m. and 8:30 a.m. All services are held in the chapel. Also join Dale on Mar. 11, Mar. 18, Mar. 25 and April 1, all Wednesdays, and all services are at 7:30 a.m. and 8:30 p.m.

Vestry Seeking Treasurer Candidates

Tim Espy is approaching the end of his term as Trinity treasurer and cannot be re-elected. Therefore, vestry is in need of a treasurer. In order to be treasurer, the candidate must be a member of vestry. The preferred candidates should have financial budgeting and planning experience. If you are interested, please contact Tim Espy (tgespy@gmail.com) or any member of Vestry by April 15, 2020.

Youth & Family Ministry

Sign Up for the Lenten Middle School Lock-In

Middle school students in grades 6 through 8 are invited to come together for community and fellowship as we dig deeper into the purpose of Lent. The event will take place Fri., Mar. 27 through Sun., Mar. 29.

During Lent, all Christians are asked to explore how we live into our faith. Let's come together to make friends and learn how we can be more true to ourselves – through art, adventure, and worship. Step out of your comfort zone and breathe in new opportunities!
Youth and parents can register by March 23 at dohio.org/lockin. For questions, please contact Allie Heeter at aheeter@trinitycleveland.org.

Nursery Open with Experienced, Quality Child Care

The Trinity nursery has reopened and will be providing quality child care for children 3 months old to 4 years old. Sunday nursery hours are from 8:30 a.m. to 12:30 p.m. Volunteer and professional personnel are on hand.

If you or someone you know is interested in being trained as a volunteer for the nursery, please contact Associate for Youth and Family Ministries Allie Heeter at aheeter@trinitycleveland.org.

Music & Art at Trinity

Music & Art Bids Hail and Farewell to Cathy Rezos

Cathy Rezos has submitted her resignation effective the end of February as Assistant to the Artistic Director of Music & Art at Trinity. While Cathy has done superb work in myriad areas including publicity, financial tracking, M&A Annual Fund, organizing patrons’ receptions and much more, she will be most widely remembered as the person who greeted tens of thousands of guests at over a decade of Brownbag Concerts. She has also done long-lasting work in organizing and creating efficient systems in the Music Office.
We extend our heartfelt gratitude to Cathy for her commitment and superb work over the past decade-plus, and we wish her the very best as she moves along to new adventures in life.

Organ Recital at St. Paul's Episcopal Church, Cleveland Heights

In connection with TrebleFest weekend, Todd Wilson will be playing an organ recital this Friday evening, Feb. 28, at 7:30 at St. Paul’s, Cleveland Heights. The concert is free of charge. Come and hear Todd play the iconic Holtkamp organ.

BrownBag Concert Series

The BrownBag Concert series returns after a week off for Ash Wednesday. We’ll begin our series, A Salute to the ‘60s. Soprano Kristine Caswelch will entertain guests with songs from ‘60s theater music. Bring your own lunch or buy one at the cathedral for $7.00.

Choral Evensong

This week's evensong commemorates John and Charles Wesley. The Rev. Gayle Catinella from St. John's Episcopal Church in Youngstown is homilist. The Illuminare Chamber Choir from Youngstown will sing Service: Howells in B minor.

A community supper of soup, salad and bread will be held after the service. Suggested donation is $6.00. This week's soup is white bean and pasta. For a complete listing of choral evensong services through May, please visit trinitycleveland.org/evensong.
Save the Dates

Mar. 4 - Lenten morning prayer services begin
Mar. 8 - Guest preacher and forum leader the Rev. Dr. Lauren Winner
Mar. 10 - Cathedral Council meeting
Mar. 15 - Catechesis class - The Episcopal Way: Christian Spirituality
Mar. 18 - Holy Conversation: Witness - following choral evensong
Mar. 21 - Lenten Quiet Day: Restorative enneagram
Mar. 31 - Vestry meeting

In the Diocese

Counselors, CAMPERS Needed for Summer Camp at Bellwether Farm

Bellwether Farm summer camp is an opportunity for campers to immerse themselves in fun, engaging outdoor activities. These programs will seek to teach healthy social, nutritional, and environmental practices, while providing a safe context in which to encounter God's beautiful creation. Campers will have an opportunity to learn about organic gardening, animal care, and creative cooking. They will also participate in traditional camp activities, including swimming, canoeing, arts and crafts, fishing, and field games. The Bellwether Farm staff is invested in the life of every camper, seeking to inspire future generations to become passionate leaders in the world around them.

Registration is open. Register by March 15 and enter promo code WORM to receive $25 off.
Bellwether is also looking for summer camp counselors. You can learn more about the positions at [https://bellwetherfarm.com/about/job-openings](https://bellwetherfarm.com/about/job-openings)

**Lenten Meditations**

The Diocese of Ohio will be providing daily meditations during Lent. They will be sent out via email and posted on the Diocesan Facebook page daily. A PDF of the compiled meditations will also be available on the diocese's website. Sign up to receive the meditations at [dohio.org/sign-up](http://dohio.org/sign-up).

**Summer Internships Available**

The Diocese will be offering up to four summer internships geared toward college students interested in gaining experience in an office setting. Interns will work on various projects in the offices of communications, mission, development, and the diocesan archives. More information is available at [bit.ly/DioceseInternships](http://bit.ly/DioceseInternships). Applications are due by March 31. For questions, please contact the Rev. Margaret D'Anieri at [mdanieri@dohio.org](mailto:mdanieri@dohio.org) or (216) 774-0456.

**In the Community**

**The Rev. Adrienne Koch to Participate in Women of Faith Panel Discussion**

Our own Rev. Adrienne Koch will be speaking as part of a panel presentation Wed., Mar. 4 from 12:00 p.m. to 1:30 p.m. at Cuyahoga Community College, 2900 Community College Ave., Cleveland. The panel, "Women of Faith: A Panel Discussion on Diversity, Gender and Inclusion in the 21st"


**YWCA Issues Racial Equity & Social Justice Challenge**

This is the second year of the challenge and in 2019, over 2,500 took up the challenge. It is designed to create dedicated time and space to build more effective social justice habits, particularly those dealing with issues of race, power, privilege, and leadership.

Participants will be prompted daily with challenges such as reading an article, listening to a podcast, reflecting on personal experience and more. Participation in an activity like this helps us to discover how racial injustice and social injustice impact our community, to connect with one another, to identify ways to dismantle racism and other forms of discrimination. The challenge starts on March 2 and continues through March 30. For questions or to sign up, visit [https://www.ywcaofcleveland.org/21-day-race-equity-challenge-sign-up/](https://www.ywcaofcleveland.org/21-day-race-equity-challenge-sign-up/).

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**A Night of Hope: Community Choir Concert**

This concert, scheduled for March 6 at Trinity is a fundraiser for the Community of Hope organization. Their mission is to build lasting relationships, nurture hope, and restore dignity by creating family-like relationships for Cleveland's youth.
The concert will feature a 100-woman choir directed by Carlton Fellows. You can learn more and purchase tickets online at https://www.hopecle.org/events

Submit Your News for Publication

The deadline to submit program updates or events for This Week @ Trinity, is the Tuesday before each Thursday publication date. Please send news to sblanchard@trinitycleveland.org

Deadline for items to be included in the April Cathedral Connections newsletter is Tues., March 21. You can read the current issue of Cathedral Connections online, or pick up a printed copy available throughout the Cathedral. Please contact Scott Blanchard at sblanchard@trinitycleveland.org to receive a printed copy at home.

The mission of Trinity Cathedral is to proclaim in word and action God's justice, love and mercy for all creation.

www.trinitycleveland.org
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