Students and teachers are welcome to join us for Backpack Blessings this Sunday during the 10:00 a.m. service.

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**This Sunday, August 25**

**The Very Rev. Bernard J. Owens will preach at both services**

[Click here to view this week's lectionary](#)

**Summer Worship Service Schedule**

- **8 a.m. Early Eucharist**
- **10 a.m. Holy Eucharist**
- **10 a.m. Backpack Blessings** for students and teachers

**9 a.m. Tai Chi with George Anderson**

**9 a.m. Way of Love Summer Series: Living the Rule of Life**

This past Sunday, August 18th, as part of our "Way of Love" summer series, Tony Wesley helped us explore the seventh practice "Rest: Receive the gift of God’s grace, peace, and restoration." No worries if you missed this week's session, you can find a link to a summary of our activities on our companion [web page](#). Our next and final session will be
led by Dean Owens on August 25th at 9 am. He will lead us in sharing our Rules of Life we have created and discussing how to support each other in our living them, so please bring your completed Writing a Rule of Life Worksheet.

3:00 p.m. Healing Day National Bell Ringing - Commemorates the 400th anniversary of the first enslaved Africans who were brought to North America in 1619. Trinity will participate with churches from around the country. More information below.

QUICK GUIDE

- Congregational Life
- Family Ministries at Trinity
- Music & Art at Trinity
- News from The Diocese
- Save the Date
- Volunteer Opportunities
- In the Community

Congregational Life
Welcome, Students! Volunteers Needed

As in past years, we will greet students moving into the CSU dorms during the day on Friday, August 23 and Saturday, August 24.

We will also offer a special welcome to students who visit us on Sundays in August and September. Allie Heeter, Curate for Youth and Families, will coordinate volunteers to greet students at the dorms on August 23-24; if you are able to help with this, please contact her at aheeter@trinitycleveland.org.

Ginger Bitikofer will coordinate the Sunday welcoming. She is seeking volunteers to bake cookies for our student visitors for August 25 & September 1, 8, 15, 22, 29. Please contact Ginger at gbitikofer@trinitycleveland.org if you're a baker.

And we hope everyone will give a warm welcome to our student neighbors whenever they meet them!

Commemorating 400 years of African American History
National Bell Ringing

Sunday, August 25 at 3:00 p.m.

Trinity Cathedral will join Presiding Bishop Michael Curry and churches across the United States in a national action to remember and honor the first enslaved Africans who landed in English North America in 1619 by tolling their bells for one minute on Sunday, August 25, 2019 at 3 p.m.

Volunteers are needed at 2:45 p.m. that day to assist with this meaningful, commemorative action. Please contact Ginger Bitikofer at gbitikofer@trinitycleveland.org if you're interested in participating.

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Important News: Food for Families Hiatus

*Click here for the full message from Dale*

"The decision has been made to put Food for Families on hiatus starting in October. We will hold our regular September (Friday, Sept 13 at the usual time) school pantry at Marion-Sterling, as promised to our recipients and in fulfilling our contract with the Greater Cleveland Food Bank. Our contract with the Food Bank goes from October thru September. At this time, we will not be renewing the contract, however, if in the near future (within the next year) we decide to reinstate the program, we have the option to renew at that time."

"At the heart of our re-evaluation is our mission/commitment to feed the hungry in our neighborhood. We will be exploring ways to continue this mission/commitment. We have found the neighborhood is evolving and we need to adapt to those changes."

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Urban Farm Update: One week left to donate
The summer harvest is in full swing, and volunteers hope to make it another record year. Thank you, again, for the generous financial contributions to help us cover the cost of supplies!

Donations are still being accepted through Sunday, Sept. 1.

We'd love to see you this Saturday, any time between 9 a.m. and 12 p.m. The Urban Farm is located at the corner of E. 35 St. and Cedar Rd., less than one mile from the Cathedral.

DONATIONS APPRECIATED

The faithful farm volunteers continue to raise funds for all the equipment and supplies they need for a bountiful harvest to be shared with hunger programs throughout Cleveland. Visit bit.ly/urban-farm-ioby to make a financial contribution in support of this food service ministry.

Contact Scott Blanchard if you have any questions at scottwblanchard@roadrunner.com or for more information.
New Class: *Education for Ministry (EfM)*
Sept. 3, 10:00 a.m.

Have you completed an inquirer's class and want to go deeper in your faith? Consider Education for Ministry (EfM), a 4-year distance theology course, offered through the University of the South in Sewanee, TN. It is designed to provide adults with the knowledge and skills they need to carry out their ministry as baptized Christians.

In an EfM group, participants gather once a week to worship, study the Bible, church history, and theology-- and talk about the interplay between faith and everyday life. It's a serious commitment of time, but many lives have been transformed by the EfM program. A new class will be offered on Tuesdays, 10 a.m. to 12:30 p.m.

Stop by the information table in the Promenade this Sunday, and contact Allison Hauserman to find out more or to register, abhauserman@yahoo.com.

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**Daughters of the King Prayer Walk**

**Saturday, Sept. 14, 9:30 a.m.**

The Order of the Daughters of the King® /DOK invites you to join us on a Neighborhood Prayer Walk on Saturday, Sept 14. Inspired by *The Way of Love*, we'll start in the Cathedral parking lot and walk to the Trinity Urban Farm at East 35th and Cedar. There will be some cars for transporting those who would prefer not to walk but want to participate. We'll celebrate
Community Gospel

Reflections:

A Study of Galatians

Join us for a 7-week study led by Phyllis Mitchell and Linda Lee on the book of Galatians. In this section of the Bible, Paul is writing to a split church in Galatia, debating whether Gentiles should be able to receive salvation or if they must follow Mosaic Law.

Come learn how Paul answers the question of whether we receive God's grace through faith and/or works. The sessions will meet Sunday mornings during the 10:10 am education hour on September 15, 22, and 29, October 20 and 27, and November 3 and 10.

Books to enhance your study are available for $20 and will be on sale on Sunday mornings starting August 25th or by contacting Becky Fuller. The books are optional, but will help deepen your study. All are welcome to attend one or all sessions.
Sunday School begins on Sunday, Sept. 8 and registration is now available online. Click here to register your child(ren) and youth. Registration will also be available in-person on Sunday, Sept. 1 during our end of summer ice cream social which will be a great opportunity for children, youth, and parents to gather in community.

Still seeking adult volunteers for Sunday School leadership in the new program year. There are a variety of ways you can help and flexible scheduling is possible. Please contact Allie Heeter at aheeter@trinitycleveland.org for more information.

Music & Art at Trinity

Choir of Trinity College, Cambridge, England
Wednesday, Sept. 18 at 7:30 p.m.
Conducted by Stephen Layton
More details about this seasonal evening concert can be found online.

Wednesday Programming Returns in October

The 42nd season of the BrownBag Concerts will begin on Wednesday, October 2, at 12:00 p.m. More information and concert listings available here.

Choral Evensong and Wednesday evening programs will also return at that time.

News from The Diocese

The Bishop's Bike Ride & Diocesan Family Camp

The Bishop's Bike Ride is back! This year, the ride will be a one-day event on August 31, which will start and finish at Bellwether Farm. The event will feature three different ride lengths to accommodate riders of
all ages and abilities: a novice/family fun ride, an intermediate ride, and a longer ride for experienced riders.

Each route will lead to a parish where volunteers will provide lunch. The riders will return to Bellwether Farm the same day for dinner, fellowship, and fun. The event will be held over Labor Day weekend at Bellwether Farm. Overnight accommodations will be available on Friday and Saturday evenings. Click here for more information or to register.

Diocesan Family Camp

Bellwether Farm's Family Camp weekend retreat will give families from throughout the Diocese an opportunity to experience summer camp together. Throughout the weekend of August 30-September 1, families can get a taste of what campers experienced all summer, including camp songs, swimming, fishing, archery, canoeing, animal care, and more. Families will be able to harvest produce to take home while learning about how we employ environmental stewardship in all aspects of our farm and camp.

For full details and to register, visit dohio.org/bbr.

Diocesan Convention Nominations

"We know that all things work together for good for those who love God, who are called according to his purpose." (Romans 8:28)

Are you called to go deeper? Nominations are open until Sept. 13 for a variety of positions in the governance of our diocese. These councils and committees are not only vital to leading the Diocese of Ohio on an executive and financial level, but also in discerning together how the Holy Spirit is guiding us.

- Diocesan Council - 2 Lay, 2 Clergy
- ECS Development Council - 2 Lay, 1 Clergy
Standing Committee - 1 Lay, 1 Clergy
Diocesan Trustees - 1 Lay or Clergy
Diocesan Disciplinary Board - 3 Clergy
General Convention Deputies - 4 Lay, 4 Clergy

If you are interested in fulfilling one of these important roles, please consider making yourself available by completing a nomination form on the Diocesan website. All members of a parish age 16 or older are eligible to serve. Let's follow Jesus together. Let's bring people of all contexts together to listen, act, reflect, and lead this diocese in the way of Jesus.

The Rev. Anna Sutterisch
Canon for Christian Formation

Save the Dates

Sunday, Sept. 1 - Last Summer Worship & Ice Cream Socials
Tuesday, Sept. 3 - Sacred Space
Sunday, Sept. 8 - Fall Worship & Education Programs Begin
Weds., Sept. 18 - Concert: Trinity College Choir of Cambridge, England
Sat., Sept. 21 - Soul Collage
Oct. 7 - Dec. 20 - Undesign the Redline Exhibit

Volunteer Opportunities

Sunday School Volunteers Needed

Allie Heeter, Curate for Youth & Families, is looking for volunteers to lead, teach, and generally help our Sunday School classes for this coming 2019-2020 season. If you enjoy working with children and/or youth, want to help fulfill the vows of your baptismal covenant, and
would like to help support our community - please think about volunteering.

All interested parties are invited to contact Allie Heeter at aheeter@trinitycleveland.org for more information.

Undesign the Redline is a transformative interactive exhibit exploring the history of race, class and U.S. housing policy, and how this legacy of inequity and exclusion continues to shape our communities. The exhibit seeks to spark a public discourse on how discriminatory federal policies from the 1930s continue to impact Cleveland neighborhoods today. Trinity Cathedral is hosting this exhibit from October 7 through December 20. We are in need of volunteers to host groups and individuals viewing the exhibit. The tours are two hours and you will be scheduled based upon your availability. The volunteer commitment includes two 2-hour trainings.

The deadline to volunteer is September 4. For questions, please contact Antoinette Taylor at ataylor@dohio.org, Office for Mission, Diocese of Ohio, with any questions.
Black Lives Matter: A Love Story with Vincent Lloyd
River’s Edge, Cleveland, OH
Saturday, October 12 from 9 - 11:30 a.m.

The news is filled with stories of police brutality, Black Lives Matter protests, mass incarceration, poverty, and environmental racism, leaving us overwhelmed at the violence facing the black community. How did we get here? What can we do about it? Why does the church often fall deafeningly silent?

Come explore these questions as we learn about a movement towards racial justice grounded in the same love that is central to the Christ story and the beloved community. Envision what racial justice really looks like and reflect on how struggle and worship can be one in the same. For more information and registration link click here.

Submit Your Content for Publication

The deadline to submit program updates or events for the weekly e-news, This Week @ Trinity, is the Tuesday before each Thursday publication date, please send to news@trinitycleveland.org.

You can read the current issue of Cathedral Connections online, or pick up your monthly newsletter in the Piazza during all church services. Please contact Ginger Bitikofer at gbitikofer@trinitycleveland.org to receive a printed copy at home.

The mission of Trinity Cathedral is to proclaim in word and action God's justice, love and mercy for all creation.

Trinity Cathedral
The Cathedral of the Episcopal Diocese of Ohio

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Have your news published in This Week @ Trinity by emailing news@trinitycleveland.org by Tuesday of each week.