In each of the churches I have served, I have learned that while things slow down just a bit during the summertime, it is hardly the break from fast-paced church life we imagine. Trinity is no different!

We certainly take a breath from our very active program year, stepping back from weekly brown bag concerts, evensong, and regular programming for children and youth. But we don’t slow down that much.

To name a few examples: the weekly Way of Love series has begun, where we explore what it means to cultivate a way of life that makes us more loving, more attentive to the moment and more aware of God’s presence. Our youth have just returned from a Diocesan mission trip in Franklin, PA. We’ve had summertime liturgies enriched by members of the Cathedral Choir and the Gateway Band, and our young families are preparing for a 1st-ever Families Retreat at Bellwether Farm.

But the deeper work of summertime is the planning, preparation and rest that helps us lay a foundation for the time ahead – both the coming program year, and the years to come. Our staff and ministry leaders have come together for several planning meetings to prepare for the year ahead. Our vestry has added a meeting in the summer (previously they just met once in the summertime) to continue the work that comes with moving into a new season of ministry. We have welcomed a new staff member, Allie Heeter, to serve as a curate for Children’s, Youth and Family Ministry, and we have called the Rev. Adrienne Koch into the role of Priest Associate. She will join us in October.

Yet this isn’t just about planning. Summertime is also a season both to let go of time, and to mark time. We have freedom here to rest and recover, and even think more broadly about where Trinity might be headed in the years to come. I value when time slows down a bit, because time is itself a critical part of transitions, of getting to know one another over time, of grieving things that we have lost, of celebrating new things in our midst, of becoming open to where God might be calling us in the years to come. This, too, requires the holiness of time, and seasons of rest and retreat are sometimes the best “times” where that can happen.

I hope this continues to be, for each of you, a season of rest and refreshment; as time slows down just a bit, may God help to prepare our hearts for a transformative season of ministry to come.

Blessings,

BJ+
A MESSAGE FROM THE VESTRY

As the Vestry Resource Guide says, Vestry members are not just elected, but called to a sacred ministry within our faith community to work with the Dean to “create a vision and plan of action that reflects God’s dream for the congregation” that balances our “role in discerning God’s mission and vision with sound stewardship of its property and resources.” Many of you know our work with regard to Trinity Cathedral’s properties, finances, etc. At our most recent meeting, we discussed the ways in which we welcome first-time visitors and what things we can do to improve our hospitality.

There are very simple things we can all do to make visitors feel welcome in the cathedral. For example, we can all wear our nametags, which will also help our new clergy get to know us. We need to make it easy for guests to recognize who is familiar with Trinity and who might be able to help them. Did you know that anyone can give a visitor a “Welcome Packet” (available in the Piazza)? One of the simplest things we can do is introduce ourselves to those not wearing name tags and do our best to remember newcomers’ names when we see them again. “Hello, my name is . . .” and “Hi, Jane, nice to see you again . . .” are two of the fastest ways to build personal connections.

Vestry minutes are available at bit.ly/trinity-vestry. Our next meeting is August 27, 2019 at 5:30 pm. As always, if you have any concerns, you may send them to the Wardens at: yourvestry@trinitycleveland.org or contact any member of vestry.

VESTRY MEMBERS
Patricia Roberts, Senior Warden
Paul Herrgesell, Junior Warden
Tim Espy, Treasurer
Gary Benjamin
Elizabeth Billings
Jane Freeman
Marie Kittredge
Janet Lechleitner
Linda Lee
Bryan Sickbert
Tony Wesley

EPISCOPAL PEACE FELLOWSHIP
11:30 a.m. | July 7, August 4

All are invited to join us after the 10 a.m. services. We will be discussing the latest developments in Human Trafficking in Northeast Ohio, future peace actions in Yemen, and news regarding possible important changes pending with the Death Penalty in the United States and Ohio. Melanie Merkle Atha, EPF Executive Director, will visit on July 7. We will also discuss actions to be taken on our 3 priority action areas, and our exciting planned agenda for the upcoming new fall program year. Pray, Study, Act!

GENERAL CONVENTION OF THE EPISCOPAL CHURCH
2018-D077 Reduce Death Penalty Sentence (Partial 1, 3, 5)

1. Resolved, the House of Deputies concurring, That the 79th General Convention of The Episcopal Church reaffirms the longstanding principle espoused by The Episcopal Church that the Death Penalty in the United States of America should be repealed; and be it further

2. Resolved, That all persons who have been sentenced to Death in the United States of America have their Death Sentences reduced to a lesser Sentence or, if innocent, granted exoneration; and be it further…

3. Resolved, That The 79th General Convention urge Dioceses, congregations, and Episcopalians to advocate for passage of legislation in state legislatures that would abolish the Death Penalty and commend those Governors who have suspended the Death Penalty in their states.

Students at Virginia Theological Seminary created the above T-shirt graphic aprox. 15 years ago, and the Rev. Allison Liles, former Episcopal Peace Fellowship Executive Director, said its sentiment is still a core value of the fellowship. She often reassures older EPF members who no longer can march in the streets that prayer is vital to political change. Photo: Episcopal Peace Fellowship
This summer on most Sundays at 9 a.m., Community Gospel Reflections is excited to sponsor a nine week series on The Way of Love, an initiative of Presiding Bishop Michael Curry and The Episcopal Church. The Way of Love is a set of practices to, “return to the ancient pathways and Rules of Life that followers of Jesus have observed for centuries.”

The Presiding Bishop Michael Curry gives a great introduction to The Way of Love in a video online at episcopalchurch.org/way-of-love.

These practices each have their own week during our series and include:

TURN - Pause, listen, and choose to follow Jesus
LEARN - Reflect on Scripture each day, especially Jesus’ life and teachings
PRAY - Dwell intentionally with God each day
WORSHIP - Gather in community weekly to thank, praise, and draw near God
BLESS - Share faith and unselfishly give and serve
GO - Cross boundaries, listen deeply, and live like Jesus
REST - Receive the gift of God’s grace, peace, and restoration

The introduction to The Way of Love, available in several languages on the Way of Love website, defines a Rule of Life as, “an intentional commitment to a set of practices that provide guidance, rhythm and inspiration for living a beautiful, meaningful and holy life. As we place these practices at the heart of our daily lives and join with companions who share the commitment, we grow more and more in the unselfish, hope-filled Way of Love that Jesus embodied in the world.”

Community Gospel Reflections will continue to meet any weeks that The Way of Love does not take place. Additional information is also available at bit.ly/way-of-love.

SCHOOL SUPPLY DONATIONS

It’s hard to believe that it’s time to think about school already, but our neighborhood children will return to their Marion-Sterling classrooms on August 12. We will begin collecting school supplies for them from July 28, through August 11.

Drop off supplies at the reception desk at Trinity until August 11. Volunteers are needed to help sort & organize the supplies on Sunday, August 11 after the 10 a.m. service. Drivers are also needed to deliver the supplies to the school on August 12; please contact David Cratty at dcratty1@sbcglobal.net or call 216-228-5721 if you are able to help.

Glue sticks
Blunt scissors
#2 pencils
Spiral notebooks (one subject)
3-ring binders
Colored pencils
Wide-ruled filler paper
16-pack crayons
Erasers
Pocket folders
Washable wide markers
12-inch plastic rulers
A Message from Allie Heeter | Curate for Children, Youth & Family Ministry

June was a hectic month to start my ministry with you, but now that I have a youth “lock-in” as well as a multi-parish mission trip under my belt I am looking forward to getting to know the community here at Trinity. We have many wonderful opportunities to get together coming up in the next few months.

Liturgically, we are in “Ordinary Time” but rather than seeing ordinary as basic or boring, this is the time where we live into the day-to-day celebration of our role as Christians. This is to say, during this season we can celebrate our ongoing lives as Christ active in the world. What better way to celebrate than gathering for community and fellowship over smoothies? Or to gather together away from the temptations of our day-to-day city lives out at Bellwether for our Trinity Families Retreat? Or, how about gathering together to pray for strength of spirit and mind at the beginning of a new school year during the annual Blessing of Backpacks?

I am so happy to join you here at Trinity and look forward to the work we will do in the months and years to come.

Blessings, Allie

AUGUST 9th to 11th – Trinity Family Retreat

All families with children through grade 5 are invited to Bellwether Farm for a retreat centered on building our community and taking a well-deserved break from the hustle and bustle of city life.

There will be group activities, opportunities to learn about the farm, games, a bonfire, and plenty of free-time to experience this time away from Cleveland. Registration is active at trinitycleveland.org/familyretreat

AUGUST 25 – Blessing of the Backpacks

It’s hard to believe that we’re already planning for the new school year to begin, but it is that time again! Children, youth, teachers, and other students are invited to bring their backpacks to the service so that we might pray for and bless them for the coming school year. Whether you have a true back-pack, a messenger bag, or any other form of satchel – we will bless it.
Catholic Connections

Music & Art

SUMMER VOLUNTEER CHOIR
10 a.m. Sundays, July 7 & August 4
Anyone who loves to sing is welcome to join the volunteer choir! Rehearsal takes place at 9:15 a.m. before the regular worship service. Dress cool and casual for hot summer days! No experience needed.

THE GATEWAY BAND
10 a.m. Sunday, August 18
Music will be provided for our summer worship service by Jenny Cochran and the Gateway Band.

SACRED SPACE
CATHEDRAL CONNECTIONS
SACRED SPACE — Sept. 3, 6:30 - 8:30 p.m.
Seekers and newcomers are welcome in this monthly spirituality group. From shared poetry and centering prayer to labyrinths, music, and mandalas — our personal connection to the Holy Spirit is strengthened by the shared experiences of a supportive community. Contact Charlotte Nichols at cdn216@gmail.com.

SOUL COLLAGE
SOUL COLLAGE — Sept. 21, 9:30 a.m. - 2:00 p.m.
SoulCollage is an intuitive collage process through which you bypass your mind and create a personalized deck of cards which will help you with life's questions. No experience required. Contact Charlotte Nichols at cdn216@gmail.com.

Upcoming Events

August 4 — Baptism Sunday
To participate in the sacrament of baptism, please contact a member of the clergy or call Ginger Bitikofer at 216-774-0407.

Wednesday, August 21
Young at Heart Summer Social
Whether you are nearly, newly and not-so-newly retired . . . Please join us for our third annual Trinity “Senior” Summer Social. Come for Eucharist, a light lunch, and some time with your friends. RSVP to Ginger Bitikofer at gbitikofer@trinitycleveland.org or 216-774-0407. Let us know if you need a ride.

Donations will be gratefully accepted to help with the cost of lunch. Volunteer drivers are also needed to transport some of our seniors to and from this event. Drivers are invited to join us for lunch.

THE CHOIR OF TRINITY COLLEGE, CAMBRIDGE
Music and Art at Trinity will proudly host the legendary Choir of Trinity College, Cambridge, England in a free concert on Wednesday, September 18, 2019 at 7:30 p.m. Conducted by Stephen Layton, one of the most sought-after conductors of his generation, whose ground-breaking approach has had a profound influence on choral music over the last 30 years.

BROWN BAG CONCERTS
The 42nd season of the BrownBag Concerts will begin on Wednesday, October 2, 2019 at 12 o'clock noon.
More information and concert listings at MusicandArtatTrinity.org

Membership Record Updates
We will be updating our church membership records this summer, in several ways. We’ll be asking some folks for their baptism dates if we don’t have them. If you don’t have a photo on file with us, we will offer to take your photo. If you consider yourself a member, we’d like to ask you to complete a membership form (if not already done). If you are interested in becoming a member, let us know. For all of these updates (or if you have questions) Ginger Bitikofer is the contact person: gbitikofer@trinitycleveland.org, 216-774-0407.
Hospitality Volunteers  Looking for an easy way to get involved and deepen your relationship with our community? Volunteers are needed to greet visitors before or after worship services. Summer volunteers will choose one of two shifts: 9:00-11:30 a.m. or 11:30 a.m. - 1:30 p.m. Training will be provided, and Sunday staff support is always available to assist.

Food for Families - Monthly Food Pantry  Dale Murrphy has offered to continue a “behind the scenes” role coordinating all the details for this longtime, interfaith collaborative program. Two new volunteer leaders are needed to coordinate volunteers and be on site once a month (the second Friday) to coordinate food delivery. More information about the program at tinyurl.com/trinity-food-pantry.

For more information about volunteering, contact Ginger Bitikofer at 216-774-0407 gbitikofer@trinitycleveland.org.

TRINITY’S URBAN FARM

Can you help by volunteering at Trinity Cathedral Urban Farm this summer? The farm is located less than one mile from the Cathedral at the corner of E. 35th St. and Cedar Rd. All food harvested is donated to downtown Cleveland hunger programs including Trinity’s own A Place at the Table Sunday hot lunch program. Volunteers gather each Saturday from 9 am – 12 pm to plant, harvest, weed, water, nurture and share gardening tips and fellowship. Even ½ hour is helpful. Your assistance on any given Saturday will help the Farm to reach its goal of 1½ to 2 tons of food harvested and donated in 2019. Contact Scott Blanchard at scottwblanchard@roadrunner.com for more info.

No time to volunteer at the Urban Farm?

We certainly understand. Perhaps you would consider a monetary donation to the Farm instead. You can make a donation at bit.ly/urban-farm-ioby. Proceeds will be used to purchase items needed such as topsoil, leaf humus, hand tools, seeds, plant starts, gasoline and 2-cycle oil, landscape fabric and our annual water permit. Donations will be accepted until September 1.

FAITH IN ACTION

Rabbi Joshua Caruso, Anshe Chesed Fairmount Temple, speaks at the Trinity Cathedral interfaith gathering with religious leaders from throughout Northeast Ohio. The group came together with Senator Sherrod Brown, Dean Bernard Owens, the Rev. Sarah Shofstall, and dozens of clergy to demand a humanitarian response to the crisis at our southern border. To quote Presiding Bishop Michael Curry and the words shared again by the Very Rev. Bernard J. Owens on July 3: “The crisis at the border is not simply a challenge of partisan politics but a test of our personal and public morality and human decency.”

SUBMIT YOUR CONTENT FOR PUBLICATION

Submissions for September edition of Cathedral Connections are due no later than Monday, August 19 to news@trinitycleveland.org. Submission deadline for the weekly e-news, This Week @ Trinity, is the Tuesday before each Thursday publication date. Please conserve paper by viewing and sharing this newsletter online. To receive a printed copy of Cathedral Connections call Ginger Bitikofer at 216-774-0407 or email gbitikofer@trinitycleveland.org.
<table>
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| Sunday, July 7th| 9:00 AM Community Gospel Reflections  
11:30 AM Episcopal Peace Fellowship  
12:00 PM A Place at The Table |
| Friday, July 12th| 9:30 AM Knitting Pearls                                               |
| Saturday, July 13th| 7:00 PM Trinity Cleveland Indians  
Outing at Progressive Field                            |
| Sunday, July 14th| 9:00 AM Tai Chi  
9:00 AM The Way of Love  
12:00 PM A Place at The Table |
| Sunday, July 21| 9:00 AM Tai Chi  
9:00 AM The Way of Love  
12:00 PM A Place at The Table |
| Friday, July 26th| 9:30 AM Knitting Pearls                                               |
| Saturday, July 27| 11:30 Faith Journey Book Club  
Offsite at Hot Spot Cafe                                        |
| Sunday, July 28| 9:00 AM Community Gospel Reflections  
10:00 AM Smoothie Sunday  
11:30 AM Becoming Beloved Community  
12:00 PM A Place at The Table |
| Sunday, August 4| 9:00 AM The Way of Love  
9:15 AM Volunteer Choir Rehearsal  
10:00 AM Baptism Sunday  
11:30 AM Episcopal Peace Fellowship  
11:30 AM Cathedral Tour |
| Friday, Aug. 9 - Sunday, Aug. 11| Family Retreat at Bellwether                           |
| Sunday, August 11th| 9:00 AM Community Gospel Reflections  
9:00 AM Tai Chi  
12:00 PM A Place at The Table |
| Sunday, August 18th| 9:00 AM The Way of Love  
9:00 AM Tai Chi  
10:00 AM Music by Gateway Band  
12:00 A Place at The Table |
| Friday, August 23rd| 9:30 AM Knitting Pearls                                               |
| Sunday, August 25th| 9:00 AM The Way of Love  
9:00 AM Tai Chi  
10:00 AM Blessing of Backpacks  
11:30 Becoming Beloved Community  
12:00 PM A Place at The Table |
| Sunday, September 1| Last Sunday of Summer Worship Schedule  
8:45 and 11:00 AM Ice Cream Socials |

**FAITH JOURNEY BOOK CLUB** Our next book will be the John Shelby Spong book “Unbelievable: Why Neither Ancient Creeds Nor the Reformation Can Produce a Living Faith Today”. We are going to be meeting every other month starting on Saturday, July 27th. The Book Group gathering will be combined with a brunch/lunch, so we will meet at 11:30 a.m. at the Hot Spot Café, 1332 Carnegie Avenue, Cleveland. Please contact Janet Morrison for more info. or to make a reservation: jlmorrison611@gmail.com

Future Book Group meetings will take place every other month on Saturdays at different restaurants for brunch/lunch. Copies of the book list for future book selections are available for those who are interested.
Pastoral Emergencies: 216-644-8423
Prayer Requests: Doreen Hughes, Dean’s Assistant at 216-774-0415 or dhughes@trinitycleveland.org
Donations: trinitycleveland.org/support
Space Rentals: trinitycleveland.org/about/space-rental-inquiry
Cathedral Connections: Submit your news items by sending to news@trinitycleveland.org