Trinity youth and Diocesan friends enjoying time together during this week's mission trip in Franklin, PA

Sunday, June 30 | Third Sunday after Pentecost

The Very Rev. Bernard Owens will preach at both services. The Rev. Sarah Shofstall will celebrate at 10:00 a.m.

Click here to view this week's lectionary

Summer Worship Service Schedule
8 a.m. Early Eucharist
10 a.m. Holy Eucharist

PLEASE NOTE: We have transitioned to our Summer Worship Schedule with two services (8 a.m. and 10 a.m.). Education programs will take place at 9 a.m.

Tai Chi | 9:00 a.m.
No experience or special skills necessary. Dress cool and casual for summer services and join a session with Trinity member George Anderson.

Community Gospel Reflections | 9:00 a.m.
The Way of Love Series is taking a two-week break starting this week. During this break, please join Community Gospel Reflections during the Sunday education hour. Each week we listen to each other as we engage with that Sunday's Gospel text from several different Bible translations. No previous knowledge of Scripture necessary, the focus of our discussion is on how that Sunday's Gospel reading is touching our lives.

This past Sunday, June 23rd, as part of our Way of Love summer series, Charlotte Nichols helped us explore the third practice, "Pray: Dwell intentionally with God each day." No worries if you missed this week’s session, you can find a link to a summary of our activities on our companion web page. Our next session will be led by Linda Lee on July 14th at 9 am. She will be focusing on the practice of "Worship: Gather in community weekly to thank, praise, and dwell with God."

**LGBT & Allies Brunch | 12:00 p.m.**
Join us after the 10:00 a.m. service on Sunday, June 30, for brunch at The South Side, 2207 W. 11th Street, Cleveland (Tremont). We will meet at 11:45 a.m. Everyone is welcome. For additional information contact Todd Ruth at truthonthelake@gmail.com.

---

**QUICK GUIDE**

- Congregational Life
- Family Ministries at Trinity
- Music & Art at Trinity
- News from The Diocese
- Save the Date
- Volunteer Opportunities
- In the Community

---

**Congregational Life**
Saturday: Congregational Picnic at Bellwether Farm
Still time to RSVP
Saturday, June 29, 12:00-4:00 p.m.

Get ready for some fun at Bellwether Farm!

The Cathedral Life Team is planning a great day for Trinity members and friends to explore Bellwether Farm, the Diocese of Ohio's new camp and retreat center in Wakeman, OH. We have reserved a pavilion (with grills) for our picnic lunch, and afterwards, there will be swimming, canoeing, and guided wagon tours of the Farm. Come meet the goats, sheep & chickens. See the vegetable garden, the retreat cabins, the dining hall, the meeting rooms, and the worship barn. Enjoy some fellowship time with friends.

Register by contacting Jan Kelemen, email jantkelemen@gmail.com or calling her at 440-567-0051.

What to bring? Bring your own entrée, plus a side dish or dessert to share (last names A-N bring a side dish; last names O-Z bring a dessert). We will provide the paper products and beverages and get the grills started. If you wish, bring indoor/outdoor games, swimsuits, towels, and sunscreen. Life guards will be on duty 2-4 p.m for swimming and canoeing. Wagon tours of the farm will be offered at 1:30, 2:00 and 2:30 p.m.

Let us know if you need a ride or if you can provide a ride to Bellwether Farm. Find out more about Bellwether Farm and how to get there at https://bellwetherfarm.com.

Saturdays at the Farm

The growing and harvesting season is in full swing at Trinity's Urban Farm, located at E. 35th St. and Cedar Rd., less than one mile from the Cathedral. Volunteers have worked nearly 400 hours this spring, and we could always
use extra help. Harvesting, weeding, composting, pruning, and caging tomatoes are among the tasks slated for this week.

If we have an extra volunteer or two, we may even begin painting of our new shipping container storage shed. Come on Saturday morning between 9 a.m. and 12 p.m. for as little or as long as you like. Even a half hour is helpful.

Contact Scott Blanchard if you have any questions at scottwblanchard@roadrunner.com or for more information.

Stained Glass Window Vent Repairs

Whitney Stained Glass will undertake a stained glass window vent repair project this summer to restore the six (6) most deteriorated cathedral stained glass window vents. One of the vent repairs is partially underwritten through a designated capital campaign gift and the
balance will be undertaken through the Trinity Cathedral maintenance budget. Included in the project is the installation of opening chains or a pulley system to reduce the risk of damage to the windows when operating. Three vents will be removed at a time and the openings temporarily board up until the repairs are completed. It is anticipated that the project will be completed by the end of September.

---

Sunday, June 30 at 9:00 a.m., Trinity Members Ansly Damus, Melody Hart and Gary Benjamin to be Featured as the cover story on CBS Sunday Morning.
Join The Green Team for "Plastic Free July Challenge"

Adapted from the Sierra Club, Ohio Chapter: "Plastic pollution is everywhere! Just take a look outside and you will see plastic pollution on roadways, caught in trees, and floating in our rivers. You may even have plastic accumulating in your own home; is your kitchen drawer overflowing with plastic bags?

There are 46,000 parts of plastic per square kilometer of Lake Erie water! With 50% of the plastic we use being thrown away after just one use, it is no wonder that plastic is a common pollutant in our neighborhoods and waterways. Join us, along with over a million people around the world, pledging to go plastic-free in July!"

Here are some small ways you can start BIG changes this summer, and you can pick up a calendar with a full month of ideas at the information table in Trinity Piazza:

- **Monday, July 1** - Pledge to Say No to Plastic in July!
- **Tuesday, July 2** - Use tin foil, not cling wrap
- **Wednesday, July 3** - Say "no" to straws
- **Thursday, July 4** - Keep a reusable bag handy
- **Friday, July 5** - Use cloth instead of a paper towel
- **Saturday, July 6** - Buy in bulk
- **Sunday, July 7** - Switch to paperless billing

---

**Baptisms | August 4 at 10:00 a.m.**

Our second Baptism Sunday of the summer will take place the first Sunday in August. Please contact Ginger Bitikofer at gbitikofer@trinitycleveland.org or a member of the clergy team if you'd like to make arrangements to participate in this sacrament.
Changes to Trinity Cathedral Recycling
Effective Immediately

Cathedral staff has been notified by our waste management service provider that contamination fees will be assessed for any recycling container found to have more than 15% contamination (non-recyclable materials).

The following five (5) items can ALWAYS be placed, **clean and empty**, in recycling containers:

1. Metal cans (beverage and food, clean and empty)
2. Plastic (water bottles, soda bottles, milk jugs, shampoo detergent)
3. Glass (bottles, jars)
4. Paper (staples are ok, newspapers, phone books, magazines)
5. Cardboard (flattened boxes, clean food boxes without liners)

Trinity Cathedral staff and leadership team have participated in updated training to ensure compliance. Additional information and instructions are available online here.
Visit Trinity's Way of Love page to plan your summer and follow along with each week's scripture and presenter. If you are unable to be there in person for every session, you can still engage with the content and connect with others who are participating.

**THE WAY OF LOVE**

*Practices for Jesus-Centered Life*

The Way of Love: A Summer Series at Trinity
July 14, 21, August 4, 18, 25
session, we will post weekly summaries.

You can also check out The Way of Love Podcast with Presiding Bishop Michael Curry. Episodes began the week of June 9, available wherever podcasts are streaming and online at EpiscopalChurch.org.

---

Summer Festivals #InTheCLE

Are you interested in attending some Cleveland-area festivals with friends from Trinity this summer?

Send your name and email (and festivals in which you may be interested) to Bill DiTirro, bdt8320@sbcglobal.net.

And get ready to have some fun!
Episcopal Peace Fellowship
Sunday, July 7, 11:30 a.m.

All are invited to come and join us after the 10 a.m. service. We will be discussing the latest developments in Human Trafficking in Northeast Ohio, future peace actions in Yemen, and news regarding possible changes in the death penalty in the United States and in Ohio in particular. We will also be discussing our exciting planned agenda for the upcoming new program year beginning in the Fall.

Contact Bruce Freeman at freeman.bruce@gmail.com or Debbie Hunter at hunterd16@roadrunner.com for more information.

Faith Journey Book Club
Saturday, July 27, 11:30 a.m. at Hot Spot Cafe

Our next book will be the John Shelby Spong book "Unbelievable: Why Neither Ancient Creeds Nor the Reformation Can Produce a Living Faith Today." We are going to be meeting every other month starting on Saturday, July 27th. The Book Group gathering will be combined with a brunch/lunch, so we will meet at 11:30 a.m. at the Hot Spot Café, 1332 Carnegie Avenue, Cleveland. There is free parking next to the restaurant building. Please let me know as soon as possible if you plan to attend so that I can make a reservation.
The plan for future Book Group meetings will be to meet every other month on Saturdays at about 11:30 at different restaurants for brunch/lunch. I will bring copies of the book list of future book selections for those who are interested. Everyone is welcome. Please contact jlmorrison611@gmail.com for more information.

**Family Ministries at Trinity**

**RSVP for the Trinity Families Retreat, August 9-11**
**For Children/Families in Grades Pre-K to 6**

Join our new Curate for Youth & Families, Allie Heeter, along with Dean Owens and his family for a family-centric retreat at beautiful and relaxing Bellwether Farm in Wakeman, OH.

[Register online here.](#)
Parents, caregivers, and children (Pre-K through Grade 6) are invited to build community, make meaningful memories, and find restoration in Christ before the busy school and program year begins.

---

**Music & Art at Trinity**

**Wednesday Programming Returns in October**

The 42nd season of the BrownBag Concerts will begin on Wednesday, October 2, at 12:00 p.m. More information and concert listings available [here](#).

Choral Evensong and Wednesday evening programs will also return at that time.

**SAVE THE DATE:** Music and Art at Trinity will proudly host the legendary Choir of Trinity College, Cambridge, England in a free concert on Wednesday, September 18, 2019 at 7:30pm.

---

**News from The Diocese**
Church Architecture and Cleveland History: Talk and Tour

St. John's, Ohio City is hosting a Church Architecture and Cleveland History Talk and Tour on Saturday, June 29 from 1:00-2:30 p.m. This highly energetic and informative tour led by noted Church Historian Tim Barrett takes place at St. John's as part of Cleveland History Days.

This is an opportunity to take a special guided tour of the beautiful St. John's, whose legacy includes being one of the final stops for the Underground Railroad before slaves boarded boats bound for freedom in Canada. Kevin Cronin will also perform a dramatic monologue in the tradition of storytelling that traces the escape of former slaves from a Culpeper County Virginia plantation, through points along the Ohio River, Massillon, and into Cleveland. This event is free and open to all.
The Bishop's Appeal 2019

Why should we support the Bishop's Appeal? Because the Bishop's appeal extends Trinity's and the Diocese' mission throughout the region.

Find out more about the way our church and community benefit from this expression of our collective ministry. Click here to view the Bishop's Appeal video, or make a donation using the link below.

DONATE

Save the Dates

Saturday, July 13 - Cleveland Indians Baseball vs. Minnesota Twins
Sunday, July 28 - Smoothie Sunday (Youth Pre-K to 5th Grade)
Friday - Sunday, Aug. 9 to 11 - Family Retreat at Bellwether Farm
Sunday, Aug. 4 - Baptism Sunday
Sunday, Aug. 25 - Smoothie Sunday (Youth Pre-K to 5th grade)
Blessing of the Backpacks & Welcome Back CSU Students
Sept. 1 - Last Sunday of Summer Worship & Ice Cream Social
Sept. 8 - Fall Worship & Education Programs Begin
Volunteer Opportunities

Hospitality Volunteers Needed

We are seeking friendly folks to help provide hospitality on Sunday mornings at Trinity's reception desk in the Piazza. Greet old friends and new ones, offer directions, and respond to questions. Serve before or after your favorite worship service—you won't have to miss it. Volunteers will choose one of two shifts: 9:00-11:30 a.m. or 11:30 a.m.-1:30 p.m. Training will be provided, and Sunday staff support is always available to assist. For more information, contact Ginger Bitikofer at gbitikofer@trinitycleveland.org or 216-774-0407.

Food for Families Leadership Transition

Mary Sickbert and Dale Murphy, our long-time Food for Families mobile pantry coordinators, are stepping back from the in-person aspects of this monthly, interfaith program at nearby Marion Sterling school. Thank you for sharing your gifts of time and spirit for many years!

If you are interested in combatting food insecurity and building meaningful relationships with our Cleveland neighbors, then please consider becoming a liaison to help coordinate volunteers (there are plenty of them) and/or be present for food distribution one Friday per month from 3:30 - 5:00 p.m.

Dale Murphy will continue his administrative and "behind the scenes" role with the food bank and our community partners. Potential volunteers can reach out to dale.murphy@sbcglobal.net for more information.
Submit Your Content for Publication

The deadline to submit program updates or events for the weekly e-news, *This Week @ Trinity*, is the Tuesday before each Thursday publication date.

You can read the current issue of *Cathedral Connections* online, or pick up your monthly newsletter in the Piazza during all church services. Please contact Ginger Bitikofer at gbitikofer@trinitycleveland.org to receive a printed copy at home.

---

**In The Community**

Cleveland History Days kicked off on Friday, June 21st with a short opening ceremony and the Burning River Festival at the old Coast Guard Station on Whiskey Island and concludes with the closing ceremonies on Sunday, June 30th at the 2nd annual Kupala Ukranian Heritage Festival in Tremont.

There are a variety of events and activities planned for the duration that include the 40th annual Tri-C JazzFest, Blazing Paddles on the
Cuyahoga River, Author's Night at the Music Box Supper Club, a program about the 1995 Cleveland Indians at the Baseball Heritage Museum at League Park, the annual tour of the Detroit-Superior Bridge, walking tours and bike tours throughout the downtown area and two open houses at Midwest Railway Preservation Society.

The complete list of events is available online here.

---

The mission of Trinity Cathedral is to proclaim in word and action God's justice, love and mercy for all creation.

---

Trinity Cathedral
The Cathedral of the Episcopal Diocese of Ohio

STAY CONNECTED:

Have your news published in This Week @ Trinity by emailing news@trinitycleveland.org by Tuesday of each week.